

**THE ANALYSIS OF PSYCHOLOGICAL CONFLICTS OF THE MAIN
CHARACTER AND MORAL VALUES AS SEEN IN MITCH
ALBOM'S NOVEL *FOR ONE MORE DAY***



THESIS JOURNAL

**Submitted as Partial Fulfillment of the Requirements for Sarjana
Degree (S1) in English Department Faculty of Teacher Training
and Education Mataram University**

Written By:

**WIA ANNISA
NIM. E1D 012 078**

**ENGLISH EDUCATION PROGRAM
LANGUAGE AND ART DEPARTMENT
FACULTY OF TEACHER TRAINING AND EDUCATION
MATARAM UNIVERSITY**

2016



KEMENTERIAN RISET, TEKNOLOGI, DAN
PENDIDIKAN TINGGI
UNIVERSITAS MATARAM
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN
JURUSAN PENDIDIKAN BAHASA DAN SENI
Jl. Majapahit No. 62 Telp. (0370) 623873 Mataram 83125

APPROVAL

This thesis entitled **The Analysis of Psychological Conflicts of the Main Character and Moral Values as Seen in Mitch Albom's Novel *For One More Day*** has been approved on 12th of August 2016.

First Advisor,



Dr. Muhammad Fadji, M.A.
NIP. 19581220198510 1 001

**The Analysis of Psychological Conflicts of the Main Character and Moral
Values as Seen in Mitch Albom's Novel *For One More Day***

Oleh:

**Wia Annisa, Muhammad Fadjri, Muhammad Isnaeni.
Pendidikan Bahasa Inggris
Pendidikan Bahasa dan Seni, FKIP, Universitas Mataram
Email: wiannisa@gmail.com**

Penelitian ini membahas tentang konflik-konflik psikologi yang dihadapi oleh tokoh utama dan nilai-nilai moral yang disampaikan melalui tokoh-tokoh dalam novel *For One More Day* karya Mitch Albom. Penelitian ini bertujuan untuk (1) menjelaskan konflik-konflik psikologi tokoh utama dalam novel *For One More Day* karya Mitch Albom berdasarkan teori Sigmund Freud, (2) menjelaskan nilai-nilai moral yang terdapat dalam novel *For One More Day*.

Penelitian ini menggunakan metode deskriptif kualitatif dengan menggambarkan fenomena-fenomena yang berhubungan dengan konflik-konflik psikologi dan nilai-nilai moral dalam novel Mitch Albom. Data pada penelitian ini dikumpulkan melalui observasi perpustakaan dan internet. Sedangkan metode analisis data dilakukan dengan beberapa cara diantaranya: (1) membaca novel berulang kali; (2) mengidentifikasi konflik-konflik psikologi dan nilai-nilai moral; (3) mengklasifikasi; (4) menjelaskan; dan (5) menyimpulkan hasil analisis yang berhubungan dengan masalah-masalah yang telah dikemukakan serta tujuan dari penelitian ini

Berdasarkan analisis yang telah dilakukan, hasil dari penelitian ini antara lain: (1) konflik-konflik psikologi yang dihadapi oleh Chick, tokoh utama dalam novel *For One More Day* didominasi oleh Id atau Das Es di mana dia merasakan kesakitan, depresi, dan kemarahan terhadap dirinya sendiri. Dia melampiaskan reaksi Id ini melalui merokok pada usia dini, menangis, berteriak, meminum alcohol, dan melakukan bunuh diri. Hal ini merupakan respon dari Ego-nya untuk menghindari atau mengurangi perasaan tertekan dalam Id-nya; (2) nilai-nilai moral yang terdapat dalam novel ini diklasifikasikan ke dalam moral buruk yang terdiri dari merokok pada usia dini, meminum alcohol, berbohong, dan perceraian. Sedangkan moral baik terdiri dari sikap penyabar dan sopan.

Kata kunci: analisis, novel, tokoh utama, konflik psikologi, nilai moral.

**The Analysis of Psychological Conflicts of the Main Character and Moral
Values as Seen in Mitch Albom's Novel *For One More Day***

By:

**Wia Annisa, Muhammad Fadjri, Muhammad Isnaeni.
English Education Program
Language and Art Department, FKIP, Mataram University
Email: wiannisa@gmail.com**

ABSTRACT

This study deals with the psychological conflicts that are faced by the main character and moral values that are seen through the characters in Mitch Albom's novel entitled *For One More Day*. This study is intended (1) to describe the psychological conflicts of the main character in Mitch Albom's novel, *For One More Day* viewed from Sigmund Freud's theory. (2) It also tries to describe moral values seen in *For One More Day* novel.

This study used descriptive qualitative method. It describes the phenomena that relate to the psychological conflicts and moral values in Mitch Albom's novel. The methods of collecting data for this study are library research and internet research. And the methods of analyzing data are done through some steps such as: (1) reading the novel repeatedly; (2) identifying the psychological conflicts and the moral values; (3) classifying; (4) describing; and (5) concluding the results of the analysis which relate to the problems proposed and objectives of the study.

Based on the analysis that had been conducted, the results of this study show that: (1) the psychological conflicts faced by Chick as the main character of *For One More Day* novel are dominated by Id or Das Es in which he felt the illness, depression and anger toward himself. He releases these Id reactions through smoking in a young age, crying, screaming, drinking the alcohol, and committing suicide. These are the responses of his Ego in order to avoid or reduce the stress feelings in his Id; (2) the moral values seen in this novel are classified into bad moral which consists of smoking in a young age, drinking the alcohol, lying, and divorce. And good moral consists of patience and politeness.

Key words: analysis, novel, main character, psychological conflict, moral value.

A. INTRODUCTION

Literature is an imaginative writing which tells the stories. It can be in the form of poetry, drama, fiction, nonfiction, journalism, or song. In writing fiction form, literature consists of short story and novel. Short story is a fictitious literature which consists of at least 3-10 pages. While novel is a long prose work with a great amount of detail on every page so that the readers can recognize the complex reality of a character or event in the story (Napitupulu, 2009).

Literary works, included novel consist of two elements those are extrinsic and intrinsic elements. Extrinsic element is the element which build the novel from outside, while intrinsic element is the elements which develop the literary work from inside such as theme, character, characterization, plot, conflict, setting, and point of view. From those intrinsic elements, this study only focuses on analyzing the conflicts, especially on the psychological conflicts that are exist in Albom's novel entitled *For One More Day*. The writer will analyze those conflicts based on Freud's psychoanalysis theory: das es/ the id, das ich / the ego, and das ueber ich /the superego.

For One More Day novel tells about the true story of a family's life in a town named Pepperville Beach. It is the story which happened around 1960s. This literary work serves the data about psychological conflicts of the main character. The writer of this study thinks that it is interesting to be analyzed because the psychological conflicts which are faced by Charles Benetto (Chick) as the main character in this novel are caused by some family's problems, such as the divorce, economic problem, parents' passions which do not agree with the children's passion, etc. Besides contains some psychological conflicts, *For One More Day* novel also contains some moral values, either good or bad morals which are not only conveyed through the main character itself, but also through the other characters of this novel.

B. THEORETICAL FRAMEWORK

• Literary Theory

Novel is one kind of literary work. It consists of some elements such as:

1. Theme

According to Napitupulu (2009:18), theme is the message that the author wishes to convey or the lesson that the author wants the readers to learn.

2. Character and Characterization

According to Abrams (1999: 32-33), characters are the persons represented in a dramatic or narrative work, who are interpreted by the reader as being endowed with particular moral, intellectual, and emotional qualities by inferences from what the persons say and their distinctive ways of saying it—the dialogue— and from what they do—the action. While characterization is the way that a writer makes characters in a book or play seem real (Hornby in *Oxford Advanced Learner's Dictionary*, 2010: 234).

3. Setting

Setting is defined as the place and period of the story, the canvas on which dramatic events are drawn in details (Napitupulu, 2009: 20).

4. Plot

According to Stanton (in Asmiatun, 2012: 32), plot is the sequences of events in the story in which each event relates to the causes and effects, means one event is caused or causes another events happened.

5. Point of View

Point of view is an element in which the author places himself in the story, either as the first person or third person. First person point of view is marked by the using of pronoun “I” in the story. Meanwhile, third person point of view is marked by the using of pronoun “she, he, it, or they” which means that the author places himself outside the story.

• Definition of Psychology

Literally, *psychology* means a study about human's soul or mind, either about its symptoms, processes, or its background (Wiyatmi, 2011).

- **Psychology in Literature**

Psychology and literature cannot be separated each other. Psychology in literature is a study of literary work which is believed can reflect the process and activity of the spiritual. Literary work is often analyzed through psychological aspect because it includes the characteristic of each character, and although it is an imaginative work, it clarifies some psychological problems or conflicts. This case shows that psychology and literature also has the functional relation in which both of them study about the situation of one's spirit or soul.

- **Conflict in Literature**

Conflict in literature consists of external and internal conflict. External conflict deals with the problems occurs between someone and the things outside himself such as nature, government, and other characters. Secondly, internal conflict or psychological conflict is a conflict occurs or exists inside the character or one's self.

- **Personality Structure by Sigmund Freud**

The components of personality structure which are proposed by Freud consist of Das Es or the Id, Das Ich/ the Ego, and Das Ueber Ich/The Superego. Id is the primary structure which has the strong impulse towards need. It works based on what is called as pleasure principle in which based on this principle, the Id tries to get the pleasure and avoid illness. Ego is a component of personality structure which is responsible towards reality or governed by reality principle. Freud argued that the ego develops based on the Id and it ensures whether the motivation from Id can be asserted in reality or not. Superego is an aspect of personality which accommodates moral value and expectation that people obtain from parents and society. According to Arif (2006: 20) superego is a personality structure which represents the external reality values.

- **Moral Value**

Moral is organized as the directions and advices which include the rules of how people do something to achieve the good life either individually or in society. The primary source of moral is people in a variety of degrees

such as parents, teachers, figures in a community or religion, etc. Moral value has the important roles in human life because it can control our life and also can inspire and motivate us in doing something meaningful.

C. RESEARCH METHOD

The method used in this study is descriptive qualitative method. This method describes the qualitative information accurately, either the information about the characteristics of something, situation, or phenomenon. Besides method, the data of this study is taken from two sources. Primary source is taken from a novel by Mitch Albom entitled *For One More Day*. While secondary source is taken from the articles and books which are obtained from the internet and library research. In addition, the methods of analyzing data are done through some methods such as reading the novel repeatedly, identifying the psychological conflicts and the moral values, classifying, describing, and concluding the results of the analysis which relate to the problems proposed and objectives of the study.

D. FINDINGS

The writer of this study found two answers of the questions above. Those are the psychological conflicts that are faced by the main character and the moral values that are seen in *For One More Day* novel.

1. Psychological Conflicts

Chick as the main character of this novel faced many problems since he was a child. Those problems cause the frustration and depression feeling in his mind. He was so stress so that repeatedly he had tried to commit suicide. The psychological conflicts that are faced by Chick deal with the ones below:

- **His Parents' Quarreling on Their Different Arguments**

The psychological conflict faced by Chick in this situation is caused by his parent's quarreling. When he watched this situation, he felt that he was in a grown-up world. Besides that, Chick was also on a dilemma in determining whether he would stand on his mother's side or his father's.

- **His Parents' Requests on His Future Life**

Chick's psychology is also bothered by his parents' requests on his future life. In one side, his father asked him to be a baseball player, while his mother wanted him to be focuses on academic knowledge. The following quotation (2) reveals this.

- (2) I split my adolescence between the pulpy smell of books, which was my mother's passion, and the leathery smell of baseball gloves, which was my father's. (Albom,2014: 44).

- **His Parents' Divorce**

The following quotation (4) describes how Chick faced psychological conflict when he knew his parents got divorced.

- (4) I remember wanting to cry myself, but it had already dawned on me that there were now three of us, not four, and I was the only male. Even at eleven felt an obligation to manhood. (Albom, 2014: 23)

Talking about the structure of personality by Sigmund Freud, the quotation (4) shows that there is Ego response in Chick's mind when he wanted to cry. Actually, his desirability to cry was caused by distressed feeling which comes from his Id after he knew the divorce of his parents. Then, his Ego tries to control it through crying. Crying is the way to reduce the stress in his Id.

- **His Parents' Love before They got Divorced**

After his parents got divorced, Chick thought that he could not see how his parents were in a romantic situation. He just reminded a night when his parents were dancing in a party. He missed that situation. But it was impossible for Chick to be able to see that situation because his parents' marriage had been collapsed. Based on Freud's theory, it was a passion which occurs in Chick's Id. But, constantly, his Ego responds what happened in his Id that his passion was impossible to be happened because in the reality, his

parents had split up. When Ego cannot fill what Id wants, it causes the conflict between Chick and himself.

- **His Mother's New Status and Her Dressing Style**

As a widow, Chick's mother is looked at differently by people around them. It makes Chick angry and certainly it bothers his psychology. Chick felt so stress with his mother's new status. He felt that it was not fair for his mom. He still thought of his parents' divorce. The quotation (7) below reveals this.

(7) It fell on my mother, mostly because she was still around. Nobody knew what happened between Len and Posey, but Len was gone and Posey was there to be judged. (Albom, 2014: 25).

Besides that, the conflict in Chick's psychology is also caused by his mother's dressing style. Chick felt that it would make people always in their bad perception toward his mother. The following quotation (11) shows how Chick hated his mother's dressing style.

(11)I am moving as I yell this, and the moving seems to give me strength, confidence, as if she can't hit me. This is after she has taken a job at the beauty parlor, and instead of her nursing whites, she wears fashionable clothes to work—like the pedal pushers and turquoise blouse she is wearing now. These clothes show off her figure. I hate them. (Albom, 2014: 34).

- **Social Status of Chick and His Mother**

Divorce also has the influences towards one's social status. It happened in Chick's life. His social status fell down through his jobs. It was really bother his psychology. The quotation (14) below reveals this.

(14)and I watched with mixed emotions. I always thought it was so important what came after your name. Chick Benetto, professional baseball player, not Chick Benetto, salesman. Now I'd learned that after Posey Benetto, nurse, and Posey Benetto, beautician, it was Posey Benetto, cleaning woman. It angered me that she had dropped so low. (Albom, 2014: 53).

Based on the quotation (14) above, it can be seen that Chick was not only stressed on his failure in defending his job, but his mother's new jobs also influenced his psychology. The conflict occurs in his psychology after he knew that his mom did not work as a nurse anymore, but she had tried the other jobs such as she worked as a beautician and as a cleaning woman. These kinds of new jobs made Chick felt that his family's social status had been fallen down. His statement which says, "I always thought it was so important what came after your name." shows that it is what his Id wants, but cannot be filled by his Ego because in the reality, everything has been changed and he should stay with his new profession which became "Chick Benetto, salesman".

- **His Father's Departure and Its Reason**

Several years after the divorce, at his mother's seventy-ninth birthday party, Chick got a telephone from his father. He was offered by his father to return to baseball because the Pirates, one of the names of baseball club asked Chick to join with them. Chick came back to a confusing situation which made him could not determine the best choice, whether to keep stay in his mother's birthday party, or follow his father passion. He hated that situation because his father was like a ghost who came and gone whenever he wanted. However, when his father came back, Chick thought that it was like a man walking back into a burning building. It can be seen in the quotation (15) below.

(15) His departure from this house had been so sudden and destructive hearing his voice seemed like a man walking back into a burning building (Albom, 2014: 63).

- **Money Problem**

Money problem can also be the causes of one's divorce. It can be seen in this novel in which Charley (Chick) should get divorced with his wife, Catherine. This problem happened after Chick invested his money to a woman in one of the companies in his town. But, Chick was deceived by that woman so that he should loss his money. Then, it made Chick became stress. He drank the alcohol which in time got him fired from his two jobs. The following

quotation (19) shows Chick's psychological conflict when he got divorce with Catherine which caused by money problem.

(19) Money became a problem; Catherine and I fought constantly about it. And, over time, our marriage collapsed. She grew tired of my misery and I can't say I blame her. When you're rotten about yourself, you become rotten to everyone else, even those you love. (Albom, 2014: 4).

- **His Daughter's Attitude**

After living alone without his wife and his daughter for several years, Chick was so stress especially when he knew that his daughter had married. Unfortunately, he was not informed about that wedding. He only received an envelope that contains two pieces of his daughter's picture with his husband. When he saw that picture, he felt that his daughter did not repute him anymore. How the conflict occurs in Chick's psychology can be seen in the following quotation (21).

(21) Apparently, through my drinking, depression, and generally bad behavior, I had become too great an embarrassment to risk at a family function. Instead, I received that letter and two photographs, one of my daughter and her new husband, hands clasped, standing under a tree; the other of the happy couple toasting with champagne. It was the second photo that broke me. One of those candid snapshots that catches a moment never to be repeated, the two of them laughing in mid-sentence, tipping their glasses. It was so innocent and so young, and so... past tense. It seemed to taunt my absence. And you weren't there. I didn't even know this guy. My ex-wife did. Our old friends did. And you weren't there. Once again, I had been absent from a critical family moment. This time, my little girl would not take my hand and comfort me; she belonged to someone else. I was not being asked. I was being notified. (Albom, 2014: 4).

Based on the quotation (21), it can be seen that how Chick so stress when he knew about Maria's wedding and he was not told about that. He thought that he had become too great an embarrassment to risk at a family function. He blamed himself because it happened after he was familiar with

his drinking which then made him so depression and certainly it influenced his behavior.

- **His Mom's Death**

His mother's death causes the psychological conflict in Chick's mind because he was not at home when it was happened.

(23)"Your mom ... She died." I HOPE YOU never hear those words. Your mom. She died. They are different than other words. They are too big to fit in your ears. They belong to some strange, heavy, powerful language that pounds away at the side of you head, a wrecking ball coming at you again and again, until finally, the words crack a hole large enough to fit inside your brain. And in so doing, they split you apart. (Albom, 2014: 70-71).

The quotation (23) shows how Chick was so surprised when he was informed that his mom was gone. What made him regret was that he could not meet his mom for the last time because he was in a baseball competition. This Chick's remorse is the response of his Ego in which the pretension of his Id to meet his mom could not to be filled in the reality because his mom had gone when he was not at home.

- **Suicidal Impulse**

The psychological conflicts faced by Chick are ended by his decision to end his life. He decided to do it after he lost all of his family and he lived alone in his apartment. He had tried to kill himself repeatedly, but he always failed. The following quotation reveals this.

(28) I lowered my head. I would not be missed. I took two running steps, grabbed the railing, and hurled myself over. (Albom, 2014: 8).

The quotation above shows that Chick wanted to commit suicide. He wanted to end his life by jumping from the water tower in Pepperville Beach, the town in which he grown up. Viewed from psychoanalysis theory, Chick's Id was shown through his wish to kill himself and his Ego tried to

respond what his Id wanted. The quotations above show that Chick's Ego filled the demand of his Id through his action which tried to end his life by shooting himself and jumping down from the top of water tower.

2. Moral Values Seen in Mitch Albom's Novel

Moral is the rules of good or bad things made and maintained by group of society. Moral is organized as the directions and advices which include the rules of how people do something to achieve the good life either individually or in society. In Albom's novel, the writer classifies the moral values into bad and good morals. *Bad moral* consists of:

- **Smoking in a Young Age**

Smoking is one of some people's habits which is believed can reduce the feeling stress in one's mind. However, this habit has negative effect for one's health especially if it is done by people in a young age. It happened towards the main character in *For One More Day* novel in which Chick smoked when he was fourteen years old. His mom found the cigarettes in his sock drawer. It was caused by the disruption of his psychology after his parents got divorce and the changing of his mom's fashion after became a widow. The bad moral which can be seen from Chick's behavior is that he was a young smoker.

- **Drinking the Alcohol**

Drinking the alcohol is one of the bad moral values which is seen through the main character in *For One More Day* novel. Besides a smoker, Chick was also a drunkard. It was caused by the depression in his mind in which he should face many problems in his family's life. In his opinion, drinking the alcohol could be an escape to go out from the problems he faced. The problems which cause him did this bad moral are his mother's death, money problem, the defeat in a big game and the divorce.

- **Lying**

The main character in this novel also showed that he often lied on what he wanted to do. For example, when he wanted to play baseball, he lied to his mom and his wife with the other reason. He said that he has a sudden job.

- **Divorce**

In Chick's place, splitting up or divorce meant something scandalous, and one of the parties would be assigned the blame. That was why people did not get divorced back then. However, the divorce could not be avoided by Chick's parents. And Chick's mom, who was still live in that town was assigned the blame. The quotation (38) below reveals this.

- (3) People didn't get divorced back then. I didn't know a single kid who had endured it. Splitting up, at least where we lived, meant something scandalous, and one of the parties would be assigned the blame. It fell on my mother, mostly because she was still around. Nobody knew what happened between Len and Posey, but Len was gone and Posey was there to be judged. (Albom, 2014: 25).

Besides bad morals, the writer also found good moral in Albom's novel. Those *good morals* are:

- **Patience**

In our life, patience is important in order to control us when we are angry or worried. The quotation (40) below shows Chick's mom was a patient person.

- (40) She had that deep well of patience to carefully dress bandages, draw blood, and answer endless worried questions with upbeat reassurances. (Albom, 2014: 32).

The quotation (40) above describes how Chick's mom had the deep well of patience when she was a nurse and had the responsibility to take care of her patients.

- **Politeness**

Another good moral which is seen in this novel is politeness. It occurs in Chick's mom when she would say goodbye to her children. She refused to honk when she did not get out of the car. In her opinion, honking is rude and it can bother the other people. It is seen in the following quotation (41).

- (41) She didn't get out of the car, which was strange. My mother thought it rude to honk for people; years later she would warn my sister that any boy who wouldn't come to the front door was a boy not worth dating. (Albom, 2014: 33).

E. CONCLUSION AND SUGGESTION

For One More Day novel consists of psychological conflicts of the main character and moral values which are not only conveyed through the main character, but also through another character in this novel. Chick, the main character of this novel faced many problems since he was a child. Those problems cause the conflicts in his psychology. In order to avoid the illness and depression feeling in his mind, Chick smoked when he was fourteen years old, he became a drunkard, and he tried to commit suicide repeatedly.

By looking at psychoanalysis theory, it can be concluded that Chick's personality is dominated by *Id* or *Das Es*. The responses of his *Id* are shown through the illness feeling and angry, while his *Ego* tried to reduce the stresses in his psychology through crying, smoking, belting, and screaming. These are the ways Chick reduced the stresses in his *Id*. In addition, the main character in this novel showed many bad morals and some good morals are shown through Chick's mother.

Based on the conclusion above, the writer suggests any readers not ever give up from the problems which are faced because each problem drills us to be stronger than before. Besides that, viewed from moral values, the writer suggests the readers to be polite in social life because it will show our personality that we respect other people.

REFERENCES

- Abrams, M.H. 1999. *A Glossary of Literary Terms/ Seventh Edition*. USA: Earl McPeck
- Adipati, Alvonsius. 2013. *An Analysis of Psychological Conflict of the Main Character in Anna and the King of Siam*. FKIP. Universitas Mataram.
- Albom, Mitch. 2014. *For One More Day*. Jakarta: PT Gramedia Pustaka Utama.

- Arif, Iman Setiadi. 2006. *Dinamika Kepribadian, Gangguan dan Terapinya (Understanding the Unconscious)*. Bandung: PT. Refika Aditama.
- Asmiatun. 2008. *Konflik Psikis dan Nilai-nilai Pendidikan Tokoh Utama Arimbi Novel Detik Terakhir Karya Alberthiene Endah*. FKIP. Universitas Mataram.
- Atkinson, L. Rita. et al. 2010. *Pengantar Psikologi Jilid Dua*. Tangerang. INTERAKSARA.
- Doro, La. 2008. *An Analysis of Psychological Conflict and Characterization of the Main Character of D.H. Lawrence Short Story "The Rocking Horse Winner"*.FKIP. Universitas Mataram.
- Eagleton, Terry. 1943. *Literary Theory: An Introduction / Terry Eagleton. - 2nd e*. United States: The University of Minnesota Press.
- Freud, Sigmund. *A General Introduction to Psychoanalysis*. PDF-BooksWorld (<http://www.pdfbooksworld.com>)
- Freud, Sigmund.2005. *Psikopatologi Dalam Kehidupan Sehari-hari*. Pasuruan: Pedati.
- Hornby, A.S. 2010. *Oxford Advanced Learner's Dictionary "Eighth Edition"*. New York: Oxford University Press.
- Kusumawati, Eti. 2007. *An Analysis on Intrinsic Elements of Agatha Christie's "The Pale Horse"*. Faculty of Adab and Humanities. State Islamic University of Jakarta Syarif Hidayatullah.
- Lukács, Georg. 1988. *The Theory of the Novel*. London: The Merlin Press.
- Napitupulu, Hermina. 2009. *An Analysis of the Main Character's Conflicts in Nathaniel Hawthorne's Novel "The Scarlet Letter"*. Faculty of Letter. University of North Sumatera.
- Shofiyatun. 2009. *Konflik Psikologis Tokoh Utama dalam Novel "Tuhan, Izinkan Aku Menjadi Pelacur" Karya Muhidin M. Dahlan*. Fakultas Bahasa dan Seni. Universitas Negeri Semarang.
- Strongman, K.T. 1995. *Theories of Anxiety*. New Zealand: University of Canterbury.
- Walter, Elizabeth. 2008. *Cambridge Advanced Learners' Dictionary 3rd Edition*. Cambridge University Press.
- Wiyatmi. 2011. *Psikologi Sastra*. Yogyakarta: Kanwa Publisher.