**Pelatihan Teknik Cuci Tangan Pada Pegawai di Rumah Sakit Universitas Mataram**

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**Abstrak**

Teknik cuci tangan sesuai WHO (2009) pada awalnya merupakan teknik cuci tangan yang di buat untuk mencegah penularan penyakit infeksi dan diaplikasikan oleh tenaga kesehatan. Namun masih banyak pegawai rumah sakit, baik tenaga kesehatan, maupun yang bukan tenaga kesehatan belum melakukan teknik cuci tangan yang benar sehingga beresiko membawa kuman rumah sakit (RS) keluar RS dan munculnya penyakit infeksi di masyarakat.

Pembelajaran pegawai RS menganut pembelajaran dewasa yang secara persuasive mengajak peserta berperan serta aktif. Hasil pretest 67,5 meningkat menjadi 89. Demonstrasi menggunakan losion lumigerm® yang berpendar saat disinari UV tepat di aplikasikan sebagai evaluasi benar-tidaknya cuci tangan, sebanyak 97% peserta mampu menunjukkan proses cuci tangan dengan baik. Pada saat diskusi ada dua poin yang penting untuk pahami bahwa: 1) Hand hygiene yang tidak benar berarti sama dengan **tidak cuci tangan sama sekali** dan 2) Hand hygiene semua staf RS **harus sama** dan **mampu mengajarkan** kepada pasien.

**Hand washing technique refreshment training to hospital staff, Mataram University Hospital**

**Abstract**

Hand washing technique according to WHO (2009) in the beginning is created that made to prevent transmission of infectious diseases and it was applied by health workers. But still, there are many hospital employees, both health workers, and non health workers who have not done proper hand washing techniques, so that the risk of bringing hospital germs out of hospitals and to the community is increased.

Learning process to hospital staff was pedagogic learning which persuasively invites participants to actively participate. The results of the pretest 67.5 increased to 89. Demonstration using lumigerm® lotion that glowed in exposure to UV light is properly applied as an evaluation tools for the correctness - completeness of hand washing. As many as 97% of participants were able to demonstrate a good hand washing process. During the discussion there were two important points to understand that: 1) Improper hand hygiene **means not washing hands at all** and 2) Hand hygiene procedures and moments of all hospital staff must be similar and be able to teach patients.