

EVALUATION OF RENAL FUNCTION BEFORE AND AFTER CHEMOTHERAPY IN NASOPHARYNGEAL CARCINOMA IN LOMBOK

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EVALUATION OF RENAL FUNCTION BEFORE AND AFTER CHEMOTHERAPY IN NASOPHARYNGEAL CARCINOMA IN LOMBOK

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Abstract

Introduction: Combination of chemotherapy and radiation are the treatment of choice in advance stage of nasopharyngeal carcinoma. Cisplatin-based chemotherapy is a regimen of choice in those cases. Several studies show that cisplatin-based chemotherapy affect renal function.

Objective: To evaluate and compare the renal function before and after chemotherapy through comparing the blood urea nitrogen and creatinine serum level in patients with nasopharyngeal cancer who receive cisplatin and paclitaxel chemotherapy.

Methods: Using Medical records data for study design. Design of this study is before and after using medical records data in West Nusa Tenggara General Hospital in Lombok.

Result: There were 33 patients who fulfill the inclusion and exclusion criteria in this study. Most of the patients are male with male and female ratio 3:1. The youngest patient age is eight years old, on the other hand, the oldest is 70 years old with the average age 46.6 years old. According to histopathology finding, on this study researcher didn't found WHO type I and most of the patients were WHO type III (89.9 %). The mean blood urea nitrogen concentration before chemotherapy is 25.00 and after the treatment 33.33 with the p-value 0.01 with the paired t-test. On the other hand, creatinine serum level before and after chemotherapy consecutively 0.99 and 1.10. P value 0.15, or there is no significant difference.

Conclusion: Blood urea nitrogen and creatinine serum are increase after cisplatin-based chemotherapy. However, only BUN has a significant difference.

Article Info

Keywords: Cisplatin-based chemotherapy, renal function, nasopharyngeal carcinoma

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1. INTRODUCTION

Lombok is one of the beautiful islands in Indonesia. It lies in the middle part of Indonesia and surrounded by a beautiful beach. Because of its location, most of their citizen consume the fish and its products such as salted fish and fermented shrimpfish. Salted fish and other comed food are recognized as one of the risk factors for the development of nasopharyngeal carcinoma [1]. Salted fish consumption recognized as a 3rd most risk factors on nasopharyngeal carcinoma [2].

Similar to other regions in Indonesia, the cases of nasopharyngeal carcinoma are relatively high. The research in Lombok in 2015 found that 48 patients with undifferentiated squamous cell carcinoma [3]. In advanced, the incidence of nasopharyngeal carcinoma in Indonesia is predicted about 5.6/100.000 people or there will be 15.000 cases annually [4]. According to global cancer statistic (GLOBOCAN) 2018, there are 129.079 new cases worldwide or 0.7% of all cancer cases with 72.987 death due to nasopharyngeal carcinoma annually [5].

The more, unfortunately, the cases usually found in the advanced stage. This lead to the need for chemotherapy on its treatment. According to NCCN, advance nasopharyngeal carcinoma should be treated with a combination of radiotherapy and chemotherapy. Chemotherapy could be given in the scheme of adjuvant, neoadjuvant, concurrent or concomitantly [6].

Chemotherapy of choice in nasopharyngeal carcinoma is using the platinum-based. On the other hand, due to this medicine containing heavy metal, this substance may affect several organs, including renal function. Estimated 20% of patient who receives cisplatin have a renal dysfunction and 33% of them experience an acute kidney injury [7]. Arunkumar et al. (2012) found there was a significant difference of serum creatinine between before and post-chemotherapy with cisplatin in a patient with squamous cell carcinoma head and neck. The mean concentration of creatinine before and post-chemotherapy consecutively (0.73±0.08 and 1.07±1.19 with p <0.05). On the other hand, the level of blood urea nitrogen (BUN) is decreased

significantly [8]. Tezcan et al. (2013), found both BUN and creatinine are increased significantly after three cycles of cisplatin administration [9].

In West Nusa Tenggara hospital, most of the patient with nasopharyngeal carcinoma was treated with a combination of cisplatin and paclitaxel, although the NCCN recommended a combination of cisplatin 5-FU as first-line treatment. This is due to a shorter time of hospitalization and the effectiveness is comparable with a combination of cisplatin-5FU [6]. According to those, our team is interesting to investigate the BUN and creatinine serum level before and after chemotherapy with cisplatin and paclitaxel.

The aim of this study are to evaluate and compare the renal function before and after chemotherapy through comparing the blood urea nitrogen and creatinine serum level in patients with nasopharyngeal carcinoma who receive cisplatin and paclitaxel chemotherapy. Besides, this study could be used as a references for doing a renal function monitoring for nasopharyngeal carcinoma patients treated by chemotherapy.

2. MATERIAL AND METHODS

This study is conducted before and after methods, by using retrospective data in West Nusa Tenggara General Hospital. The data was compiled through the medical record to find out all of the patients with nasopharyngeal carcinoma stage III and IV since 2016-2018 who receive the platinum-based chemotherapy (cisplatin and paclitaxel). Data which will be collected including the age, sex, stage of cancer, histopathology, the serum level of blood urea nitrogen and creatinine. The data will arrange and analysis with paired t-test to knows a different concentration or level of blood urea nitrogen and creatinine before and after chemotherapy. Patients with incomplete data will be excluded.

3. RESULT

In this study, there are 33 patients with nasopharyngeal carcinoma who fulfilled the inclusion and exclusion criteria. Most of the patients are male with male and female ratio 3:1. The youngest patient age is 8 years old, on the other hand, the oldest is 70 years old with the average age 46.6 years old. According to histopathology finding, on this study researcher didn't found WHO type I and most of the patients were WHO type III (89.9%). This data is shown in table 1.

Table 1. Characteristic of patients

Characteristics	Frequency	Percentage
Ages		
Youngest	8	2
Oldest	70	2
Mean	46.6	
Sex		
Male	21	63.6
Female	12	36.4
Stage		
III	20	60.6
IV	13	29.4
Histopathology		
WHO type I	0	0
WHO Type II	3	9.1
WHO type III	30	89.9

According to the laboratory result, the mean blood urea nitrogen concentration before chemotherapy is 25.00 and after the treatment 33.33 with the p-value 0.01, the paired t-test result as shown in table 2. On the other hand, creatinine serum level before and after chemotherapy consecutively 0.99 and 1.10. P value >0.05, or there is no significance difference.

Table 2. The paired t-test for the concentration of Urea and creatinine

Variable	Mean Before	Mean After	Standard deviation	P value
Blood Urea Nitrogen (BUN)	25.00	33.33	14.66	0.01
Creatinine	0.99	1.10	0.41	0.15

4. DISCUSSION

The general characteristic of the patient in this study is similar to another previous study. In our study the male to female ratio is 3:1, the mean age is 46.6 years old and 89.9% is WHO type III. Adham et al (2012) found the most age between 30-50 years old with the most histopathologic finding was WHO type III (85%) [4]. Peng et al (2016) found a male to female ratio 4:1 and 99.8% with WHO type II and III [10].

Several studies showed that platinum-based chemotherapy has an effect on renal function [7], [8], [9], [10]. Cisplatin is excreted through the kidney, furthermore, its logic that cisplatin may affect the kidney function. Review by Miller et al. (2010) who describe the mechanisms of cisplatin nephrotoxicity states that injury of the kidney may happen by the accumulation of cisplatin on kidney cell, biotransformation of cisplatin in kidney, mediated the cytotoxic effect on DNA and apoptotic pathways of cisplatin cytotoxicity [11]. According Ozkok et al (2014) on their review, states that the general pathophysiology of cisplatin on acute kidney injury involves 4 major mechanisms: (1) proximal tubular injury, (2) oxidative stress, (3) inflammation, and (4) vascular injury in the kidney [12].

In this study, there is an increasing level of blood urea nitrogen and creatinine before and after chemotherapy. However, only BUN has a significant difference before and after chemotherapy. Although creatinine serum level increase after chemotherapy, but its difference is not significant. This result indicated the occurrence of kidney injury.

Latcha et al. (2016) found an increase of mean serum creatinine level from 0.99 to 1.18 mg/dl after first cisplatin administration and remain in the level of 1.14 mg/dl a year post-chemotherapy [13]. Arunkumar et al. (2010) found a significant serum creatinine level before and after five cycles of cisplatin administration (from 0.78 to 1.13 gr/dl), but BUN is not significant although there is an increase (from 12.28 to 13.35 gr/dl) [8]. Noviyani et al. (2017) on prospective studies found there is no significant difference between BUN and creatinine serum in patients with 6 cycles paclitaxel and cisplatin [14].

Another marker to know the effect of chemotherapy to renal function is glomerular filtration rate (GFR). Loh et al (2017) on their research on urothelial cancer found that Median GFR change was 1.6% for patients with pretreatment GFR <60 mL/min compared to 10.9% for patients with pre-treatment GFR >60 mL/min (P 14 .17). They concluded that urothelial cancer patients with GFR < 60 mL/min do not experience a greater decline in renal function after cisplatin compared to patients with GFR > 60 mL/min [15].

According to those references, not all studies agree with the renal effect of cisplatin-based chemotherapy. Miller (2010) explained several risk

factors make the increase of cisplatin nephrotoxicity, including dose and frequency of administration, cumulative dose, older age, female sex, smoking, hypoalbuminemia, and pre-existing renal insufficiency. On the other hand, factors such as diabetes and OCT2 polymorphisms have decreased the risk of renal dysfunction [11]. Hayati et al (2016) on his mini review found the most important risk factors for cisplatin induced nephrotoxicity including higher doses of cisplatin, previous cisplatin chemotherapy, underlying kidney damage and concurrent treatment with other potential nephrotoxic agents, such as aminoglycosides, nonsteroidal anti-inflammatory agents, or iodinated contrast media. [16]

In this study, maybe because of mean age is under 50 years and predominantly male, lead to a decrease of nephrotoxicity. The low BUN and creatinine in this study are healthy, this is also lead to a lower effect of cisplatin-based chemotherapy. However, more detailed research should be done to make sure the exact effect of cisplatin-based to the renal function in nasopharyngeal carcinoma patients. Future research with larger samples could give more accurate and valid result.

5. CONCLUSION

Blood urea nitrogen and creatinine serum are increase after cisplatin-paclitaxel chemotherapy. However, only BUN has a significant difference. This result indicated the occurrence of kidney injury.

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