

Thank you for your submission to Annals of Medicine and Surgery

Inbox



Annals of Medicine and Surgery <em@editorialmanager.com> Sat, Aug 21, 2021, 11:08 PM

to me

Dear Dr Rosyidi,

Thank you for sending your manuscript EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS for consideration to Annals of Medicine and Surgery. Please accept this message as confirmation of your submission. When should I expect to receive the Editor's decision?

For Annals of Medicine and Surgery, the average editorial time (in weeks) from submission to first decision is: 5.07 and from submission to final decision is: 10.13.

What happens next?

Here are the steps that you can expect as your manuscript progresses through the editorial process in the Editorial Manager (EM).

1. First, your manuscript will be assigned to an Editor and you will be sent a unique reference number that you can use to track it throughout the process. During this stage, the status in EM will be "With Editor".
2. If your manuscript matches the scope and satisfies the criteria of Annals of Medicine and Surgery, the Editor will identify and contact reviewers who are acknowledged experts in the field. Since peer-review is a voluntary service, it can take some time but please be assured that the Editor will regularly remind reviewers if they do not reply in a timely manner. During this stage, the status will appear as "Under Review".

Once the Editor has received the minimum number of expert reviews, the status will change to "Required Reviews Complete".

3. It is also possible that the Editor may decide that your manuscript does not meet the journal criteria or scope and that it should not be considered further. In this case, the Editor will immediately notify you that the manuscript has been rejected and may recommend a more suitable journal.

For a more detailed description of the editorial process, please see Paper Lifecycle from Submission to

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3. Click on [Submissions Being Processed]

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Kind regards,

Dr. Riaz Agha
Editor-in-Chief
Annals of Medicine and Surgery

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Editor handles AMSU-D-21-00882

Inbox



Annals of Medicine and Surgery <em@editorialmanager.com> Mon, Aug 23,
2021, 1:41 AM

to me

Ms. Ref. No.: AMSU-D-21-00882
Title: EXERCISE ADAPTATIONS AND TGF-
β1 LEVELS IN RECREATIONAL CYCLISTS
Annals of Medicine and Surgery

Dear Dr Rosyidi,

Your submission "EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS" will be handled by Editor in Chief Riaz Agha.

You may check on the progress of your paper by logging on to the Editorial Manager as an author.

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Annals of Medicine and Surgery

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Reviewers' and Managing Editor comments:

Managing Editor

Please can you make the following changes/checks:

Reviewer 1

1. The subject is very limited only ten rats, if you think it is hard to do the treatment to make a spinal injury in rats you should change the animals. you can use like rabbits, and make a bigger number of subjects. so we can not make any conclusions to this such this limited subjects, we know from the beginning VEGF kind like antiapoptotic effects on endothelial cell and increase vascular permeability, using MLC 901 to maintain the level of VEGF is a very good idea, but it should have a basic good research with the bigger population subjects.

Answer :

Thanks Sir. The sample size according to the WHO criteria in the Research Guideline for Evaluating The Safety and Efficacy of Herbal Medicines, which is a minimum number of 5 individuals per group with a reserve for anticipating drop out of 10% (1 head). it will be very considered for the further experiment to use bigger number of samples size.

Reviewer 3

1. Spinal cord injury is a serious disease, and its treatment has always been a hot issue.

2. It is suggested that the background part of the abstract of this paper be completely revised, which is seriously inconsistent with the title

3. What is the sample size of this paper? In addition, I don't think the results of this paper can support the conclusion. It is suggested that the author supplement the experimental content and carefully proofread the content of the article

4. The author did not carefully check the article according to the guide The ARRIVE guidelines 2.0. Please check it carefully

5. The key words neuroprotective, neurogenesis in the article seem to be inconsistent with the article

Answer :

1. Thanks Sir.

2. Thanks Sir. I've changed the background part of the abstract.

3. Thanks Sir. In this true experimental research, we used Ten Sprague Dawley rats with spinal cord injury were randomly divided into two groups: (1) with MLC 901 administration, and (2) without MLC 901 administration (placebo).

4. Thanks Sir. It has been checked carefully and has been corrected according to the guide of ARRIVE Guideline 2.0 and I've added it to the manuscript.

5. Thanks Sir. I've changed the keywords neuroprotective and neurogenesis.



Annals of Medicine and Surgery <em@editorialmanager.com>
to me

Mon, Aug 23,
2021, 1:42 AM

Ms. Ref. No.: AMSU-D-21-00882
Title: EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS
Annals of Medicine and Surgery

Dear Dr Rosyidi,

Your submission "EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS" will be handled by Assistant Managing
and Executive Editor Maliha Agha.

Submission Confirmation for AMSU-D-21-00882R1

Inbox



Annals of Medicine and Surgery <em@editorialmanager.com>

Thu, Sep 16,
2021, 3:02 PM

to me

Ms. Ref. No.: AMSU-D-21-00882R1
Title: EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS
Annals of Medicine and Surgery

Dear Dr Rosyidi,

This message is to acknowledge that we have received your revised manuscript for
reconsideration for publication in Annals of Medicine and Surgery.

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Editor handles AMSU-D-21-00882R1

Inbox



Annals of Medicine and Surgery <em@editorialmanager.com>

Fri, Sep 17,
2021, 4:34 AM

to me

Ms. Ref. No.: AMSU-D-21-00882R1
Title: EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS
Annals of Medicine and Surgery

Dear Dr Rosyidi,

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 β 1 LEVELS IN RECREATIONAL CYCLISTS" will be handled by Editor in Chief Riaz
Agha.

You may check on the progress of your paper by logging on to the Editorial Manager
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From: "Annals of Medicine and Surgery" annalsjournal@elsevier.com
Subject: Your Submission

Ms. Ref. No.: AMSU-D-21-00882R1

Title: EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS

Annals of Medicine and Surgery

Dear Dr Rosyidi,

I am pleased to inform you that your paper "EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS" has been accepted for publication in Annals of Medicine and Surgery.

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Yours sincerely,

Jo Frankland
Editorial Office
Annals of Medicine and Surgery

Comments from the editors and reviewers:

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From: "Annals of Medicine and Surgery" annalsjournal@elsevier.com
Subject: Your Submission

Ms. Ref. No.: AMSU-D-21-00882R1
Title: EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS
Annals of Medicine and Surgery

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Your Submission

Inbox



Annals of Medicine and Surgery <em@editorialmanager.com>

Fri, Sep 17,
2021, 5:26 AM

to me

Ms. Ref. No.: AMSU-D-21-00882R1
Title: EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS
Annals of Medicine and Surgery

Dear Dr Rosyidi,

I am pleased to inform you that your paper "EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS" has been accepted for publication in Annals of Medicine and Surgery.

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Yours sincerely,

Jo Frankland
Editorial Office
Annals of Medicine and Surgery

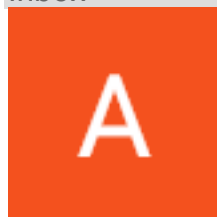
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Fri, Sep 17,
2021, 7:05 AM

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article *EXERCISE ADAPTATIONS AND TGF-*



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Publication of your article [AMSU_102872] in Annals of Medicine and Surgery is on hold due to file problems

Inbox



A.Achuthan@elsevier.com

Fri, Sep 17,
2021, 2:37 PM

to me

Our reference: AMSU 102872
Article reference: AMSU_AMSU-D-21-00882
Article title: EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS
To be published in: Annals of Medicine and Surgery

Dear Dr Rosyidi,

Congratulations on having your article accepted.

We have now received your manuscript in production and would like to begin the typesetting process.

Unfortunately we have encountered a problem with the electronic files you provided and cannot process your article further until the following issues are resolved:

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Rohadi Abu Faiz <rha.ns2010@gmail.com>

Fri, Sep 17,
2021, 4:40 PM

to Arivalagan

From : Rohadi Muhammad Rosyidi, MD, PhD, Neurosurgeon

To
A Achuthan
Data Administrator
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E-Mail: A.Achuthan@elsevier.com
Our reference: AMSU 102872
Article reference: AMSU_AMSU-D-21-00882
Article title: EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS
To be published in: Annals of Medicine and Surgery

Dear A Achuthan,

Thank you for your information and your respon.

With this email I will send the manuscript in the word version.

I hope this will solve the problem in publishing.
If there is any other news please inform immediately

Thank you for your help with this issue

Kind regards,
Rohadi M.Rosyidi, MD, PhD, Neurosurgeon

9 Attachments • Scanned by Gmail



Achuthan, Arivalagan (ELN-CON) <A.Achuthan@elsevier.com> Fri, Sep 17, 2021, 11:20 PM

to me

Dear Dr. Rohadi ,

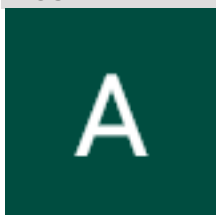
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Wed, Sep 22,
2021, 6:03 PM

to me

Our reference: AMSU 102872
Article reference: AMSU_AMSU-D-21-00882
Article title: Exercise adaptations and TGF- β 1 levels in recreational cyclists
To be published in: Annals of Medicine and Surgery

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Universitas Mataram Fakultas Kedokteran
Department of Neurosurgery
Mataram
Indonesia
Phone: not available
Fax: not available
E-mail: rha.ns2010@gmail.com

YOUR REFERENCE NUMBER:

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Wed, Sep 22,
2021, 6:45 PM

to me

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URGENT AMSU_102872

Inbox

N

Narayan,
Rasana
a
(ELS-
CHN)

Tue, Sep 28, 2021,
1:53 PM

Dear Dr. Rosyidi, I hope my e-mail finds you well. We had received the below query from the producer regarding Fig. 1 cited



Rohadi
Abu
Faiz
z

Tue, Sep 28, 2021,
2:06 PM

Yes, I confirm. Regular, moderate-intensity physical activity, such as walking, or cycling to work, and its benefits.



Rohadi Abu Faiz <rha.ns2010@gmail.com>

Thu, Sep 30,
2021, 10:38 AM

to Rasana

To

A Achuthan
Data Administrator
Elsevier
E-Mail: A.Achuthan@elsevier.com

Our reference: AMSU 102872
Article reference: AMSU_AMSU-D-21-00882
Article title: EXERCISE ADAPTATIONS AND TGF-
 β 1 LEVELS IN RECREATIONAL CYCLISTS
To be published in: Annals of Medicine and Surgery

Dear AMSU Editorial Board

We convey that there is a discrepancy in the location of the graphs of research results in articles that have been printed. Figure 1. Comparison of average TGF- β 1 levels between cyclists and the sedentary group, which should be placed in the

results section, is printed in the introduction. Please put this figure 1 in the last part of the results, before the discussion part.

Thank you.



Narayanan, Rasana (ELS-CHN) <r.narayanan@elsevier.com> Fri, Oct 1, 2021,
12:15 AM

to me

Dear Dr. Rosyidi,

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Kind Regards,
Rasana

Rasana Narayanan
Journal Manager

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From: Rohadi Abu Faiz <rha.ns2010@gmail.com>
Sent: Thursday, September 30, 2021 8:09 AM
To: Narayanan, Rasana (ELS-CHN) <r.narayanan@elsevier.com>
Subject: Re: URGENT AMSU_102872

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To

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Data Administrator
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E-Mail: A.Achuthan@elsevier.com

Our reference: AMSU 102872
Article reference: AMSU_AMSU-D-21-00882
Article title: EXERCISE ADAPTATIONS AND TGF- β 1 LEVELS IN RECREATIONAL CYCLISTS
To be published in: Annals of Medicine and Surgery

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Thank you.

Pada tanggal Sel, 28 Sep 2021 14.06, Rohadi Abu Faiz <rha.ns2010@gmail.com> menulis:
Yes, I confirm.

Regular, moderate-intensity physical activity, such as walking, or cycling to work, and participating in sports has significant health benefits. Evidence has concluded that regular physical activity contributes to primary and secondary prevention of several chronic diseases and is also associated with a reduced risk of premature death [1]. (see [Fig. 1](#))

Pada tanggal Sel, 28 Sep 2021 13.53, Narayanan, Rasana (ELS-CHN) <r.narayanan@elsevier.com> menulis:
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Fri, Oct 1, 2021,
2:44 PM

to Rasana

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Narayanan, Rasana (ELS-CHN) <r.narayanan@elsevier.com>

Sun, Oct 3,
2021, 7:04 PM

to me

Dear Dr. Rosyidi,

Thank you for getting back to me. I have asked the concerned team to have this corrected. The corrected version should be online within a week.

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